

Question/Description	GGB	School Street	Fretz	BAHS	Explanation/Notes, Duration, Difference Between Grades, etc.
How do your parents know about our local wellness policy? (Student Handbook, start of school packets, etc.)	Our Wellness Policy is on the district website. Our P.E. Department sends home a newsletter explaining the program.	Our Wellness Policy is available on the district website.	Sent home in Fretz newsletter.	District website, cable access TV channel	Please provide documentation of all examples for auditor.
Do you have a "school specific" wellness committee?	Yes	No; a committee will be established for the 18-19 school year	No	No	If so, please provide a list of the committee, meeting dates and agendas (I have GGB's)
Do they review the district wellness policy to make sure their specific buildings is in compliance? (student snacks, parties, fund raisers, etc.)	Yes - We meet monthly to review the wellness policy and plan events/activities centered around wellness.	N/A	N/A		Explain how and when this is reviewed.
If there is not a school committee, who is responsible for the compliance at the building level?		Building Principal	Administration	Building Principal	Explain how and when this is reviewed.
Has your building completed a school wellness assessment? If so, please explain the year and process and a copy of the final assessment.	No	No	No	No	
Do you have any vending machines in your building?	We have one vending machine in the teacher's lounge. We do not have one available for students.	Yes, in the faculty room. We do not have vending for students.	Yes, in Faculty room.	None accessible to students.	Are these vending machines available to students and if so are they only available at certain times of the day? If so, what are those times?
Who monitors the school stores and products in school stores to make sure they follow our wellness policy guidelines?	We do not have a school store.	No school store.	No school store.	Marketing/DECA teacher and Building Principal.	
Who monitors booster clubs and student fundraising sales to make sure they are not selling products that do not meet our wellness policy guidelines from midnight until 30 minutes after dismissal?	Our PTO is the only organization in the building who does fundraisers. The building principal is a member of the PTO and ensures that the products meet the wellness policy guidelines.	Our PTO is the only organization in the building who does fundraisers. The building administrators are members of the PTO and ensure the wellness policy guidelines are followed.	Tina Slaven - Principal	Club advisors and Building Principal.	
In the 18/19 SY, did the majority of students have at least 10 minutes to eat breakfast and 20 minutes to eat lunch?	The students have from 8:30 - 9:05 daily to eat breakfast. Each child receives a 30 minute lunch.	Yes	Yes - 25 minutes for breakfast depending on bussing; 30 minutes for lunch.	Yes	

<p>Would you say that most of the foods served in your school are high quality (fresh/attractive) and with good variety?</p>	<p>Yes</p>	<p>Cafeteria information</p>	<p>Yes</p>	<p>Health curriculum, Fuel Up to Play 60 sponsored events.</p>	<p>Yes</p>	<p>Yes - cafeteria displays, Success 101 and Senior health.</p>
<p>Does your school promote the benefits of consuming low-fat, low sugar foods and increasing fruits and vegetables? How?</p>	<p>Yes</p>	<p>Cafeteria displays and information</p>	<p>Yes</p>	<p>Health curriculum, Fuel Up to Play 60 sponsored events.</p>	<p>Yes</p>	<p>Yes - cafeteria displays, Success 101 and Senior health.</p>
<p>Physical Education Questions</p>						
<p>Does your school require Physical Education Classes? If so, what is the duration in minutes and days per week?</p>	<p>Pre-K: 50 minutes daily of gross motor activity; 80 minutes weekly or formal P.E. instruction. Kindergarten: 30 minutes daily of gross motor activity; 80 minutes weekly of formal P.E. instruction. First Grade: 20 minutes daily of gross motor activity; 40 minutes weekly of formal P.E. instruction. Second Grade: 20 minutes daily of gross motor activity; 40 minutes weekly of formal P.E. instruction.</p>	<p>Yes - all students 50 minutes per week.</p>	<p>Yes - every student has it 90 days a year; Mon - Fri for 42 minutes.</p>	<p>Yes - 2 days per week, 42 minutes each day.</p>	<p>Yes</p>	<p>Yes - cafeteria displays, Success 101 and Senior health.</p>
<p>Does your school require the recommended minutes of PE per week: 150 for Elementary and 225 for Middle/High School.</p>	<p>Yes</p>	<p>No, we have recess at least 20 minutes per day.</p>	<p>210 minutes per week.</p>	<p>No</p>	<p>Not always.</p>	<p>No - 35% athletics participation - Fall Sports: Football, Volleyball, Cross Country, Golf, Tennis and Soccer. Winter Sports: Swimming, Basketball, Wrestling, Indoor Track, Spring Sports: baseball, Softball and Track.</p>
<p>Are students moderately to vigorously active at least 50% of the class period?</p>	<p>Yes</p>	<p>Yes</p>	<p>When they have gym, yes.</p>	<p>Not always.</p>	<p>Not always.</p>	<p>No - 35% athletics participation - Fall Sports: Football, Volleyball, Cross Country, Golf, Tennis and Soccer. Winter Sports: Swimming, Basketball, Wrestling, Indoor Track, Spring Sports: baseball, Softball and Track.</p>
<p>Do the majority of students in your school, regardless of gender or ability, participate in school-sponsored intramurals, physical activity clubs, dance clubs, interscholastic athletics? Please answer, yes or no, a percentage if you have it and a list of activities provided.</p>	<p>Unsure - We do not have intramurals or interscholastic athletics at this level. Many students participate in community football, gymnastics, swimming, baseball, soccer, cheerleading and basketball; however I do not have a percentage.</p>	<p>Not sure how many play in sports outside of school. We do not have intramurals or school-sponsored activities.</p>	<p>We have 7h and 8th interscholastic sports.</p>	<p>No - 35% athletics participation - Fall Sports: Football, Volleyball, Cross Country, Golf, Tennis and Soccer. Winter Sports: Swimming, Basketball, Wrestling, Indoor Track, Spring Sports: baseball, Softball and Track.</p>	<p>Not always.</p>	<p>No - 35% athletics participation - Fall Sports: Football, Volleyball, Cross Country, Golf, Tennis and Soccer. Winter Sports: Swimming, Basketball, Wrestling, Indoor Track, Spring Sports: baseball, Softball and Track.</p>

Do students have the opportunity to participate in recess or other physical activity breaks outside of the classroom on a daily basis? If so, please list.	Yes - Recess is offered daily.	Recess	Every 42 minutes, they get up and move to a different class.	No	
Do most teachers offer a range of opportunities to be physically active in class, i.e. Moving around, walk breaks, movement activities, etc. If so, please list.	Yes	Yes	No	No	
Does your school offer a range of non-competitive activities aimed at engaging students in fun, recreational, life long opportunities? If so, please list.	We offer an after school program in conjunction with the YMCA. It is every day from 3:45 - 6:00. The students participate in physical activity, STEM activities and clubs.	Century 21 Program offered with the YMCA.	At academic pep assemblies we have students participate in fun and engaging activities and 21st Century Club (physical games after school).	No	
Does your school promote the benefits of getting the recommended 60 minutes of daily physical activity with posters, banners or other methods of communication. If so please list/explain.	Our P.E. teacher has a bulletin board where he displays information on the recommended 60 minutes of daily physical activity.	Monthly newsletters to parents.	Yes, we are a Fuel Up to Play 60 school.	No	
Does your school offer physical activity opportunities in before and after school activities? If so, please list/explain.	Yes - 21st Century Learning Program	Century 21 Program offered with the YMCA.	After school - 21st Century Club has physical games and outside activities.	No	
Family and Community					
Does your school send home materials or provide opportunities for families to learn about promoting healthy eating and promoting physical activity. If so, please list/explain.	Mr. Gilligan has a bulletin board in the front hallway which he uses to promote physical activity. Each month, parents are given a school lunch menu. The lunch menu has tips for healthy eating.	Monthly newsletters to parents.	Yes, in newsletters, gym and health teachers send things home.	No	
Does your school provide access to school grounds for physical activity before and/or after school. If so, please list.	Our playgrounds are open to the public. We also have a cross country running course on our campus.	Yes, playground is open for Century 21 Program.	Yes, after school, the school grounds are available for interscholastic sports and 21st Century Club.	Yes - the track and building are open to the public for walking.	

→ No, due to security concerns.
Track during limited hours

<p>Do students and parents have the opportunity to give suggestions for school meals and the meal program in general?</p>	<p>One day a week, the students are offered a new food item in the cafeteria. Students are encouraged to give their opinion and decide if it should be added to the menu as a regular choice.</p>	<p>Yes</p>	<p>Cafeteria managers holds meetings with students to discuss the meals.</p>	<p>Yes</p>	<p>Methods could include: class discussions, bulletin boards, public address announcements, guest speakers, take-home flyers, homework assignments, newsletter articles, academic credit for participating in community physical activities.</p>
<p>Does the school PE Program promote student participation in a variety of community/outside-of-school physical activity options through three or more methods?</p>	<p>We send home flyers with league sign-up information. Mr. Gilligan works with CARE for Children to offer physical activity for students with special needs in the evenings.</p>	<p>Announcements and fliers are sent home with students and are listed in the monthly newsletters.</p>	<p>Announcements and fliers are available for community sports.</p>	<p>Yes - class announcements in P/E.</p>	<p>Methods could include: class discussions, bulletin boards, public address announcements, guest speakers, take-home flyers, homework assignments, newsletter articles, academic credit for participating in community physical activities.</p>
<p>Do you have a process in which students are asked about ideas and if they can participate in these discussions.</p>	<p>No</p>	<p>Student advisory committee meets monthly with a representative from each homeroom.</p>	<p>Suggestion box is available.</p>	<p>Yes</p>	<p>Methods could include: class discussions, bulletin boards, public address announcements, guest speakers, take-home flyers, homework assignments, newsletter articles, academic credit for participating in community physical activities.</p>
<p>How does your school implement and monitor the progress of the school wellness policies?</p>	<p>We have a Wellness Committee that meets monthly.</p>	<p>A wellness committee will be formed during the 18-19 school.</p>	<p>Periodic checks of breakfast and lunch.</p>	<p>?</p>	<p>Methods could include: class discussions, bulletin boards, public address announcements, guest speakers, take-home flyers, homework assignments, newsletter articles, academic credit for participating in community physical activities.</p>
<p>Does your school regularly inform and update the public, including parents and others about your school wellness programs and progress?</p>	<p>We use Facebook and newsletters to communicate with the public.</p>	<p>Monthly newsletters to parents.</p>	<p>Newsletter, Fuel Up to Play 60 ads and newspaper write-ups as well.</p>	<p>No</p>	<p>Methods could include: class discussions, bulletin boards, public address announcements, guest speakers, take-home flyers, homework assignments, newsletter articles, academic credit for participating in community physical activities.</p>